

## 1 Trigonometric Substitutions

Sometimes trigonometric functions can help us solve integrals that originally do not contain any trigonometric functions in them. Let us consider the following integral

$$\int \sqrt{1-x^2} dx,$$

if we use the  $u$ -substitution method by setting  $x = \sin \theta$ , then  $dx = d(\sin \theta) = \cos \theta d\theta$  and

$$\sqrt{1-x^2} = \sqrt{1-\sin^2 \theta} = \sqrt{\cos^2 \theta} = \cos \theta.$$

Therefore, the integral becomes

$$\int \sqrt{1-x^2} dx = \int \cos \theta \cdot \cos \theta d\theta = \frac{1}{2} \left( \theta + \frac{\sin 2\theta}{2} \right) + C.$$

We can write the answer back in terms of  $x$  by  $\theta = \sin^{-1} x$  and

$$\sin 2\theta = 2 \sin \theta \cos \theta = 2 \sin \theta \sqrt{1-\sin^2 \theta} = 2x \sqrt{1-x^2}.$$

Therefore,

$$\int \sqrt{1-x^2} dx = \frac{1}{2} (\sin^{-1} x + x \sqrt{1-x^2}) + C.$$

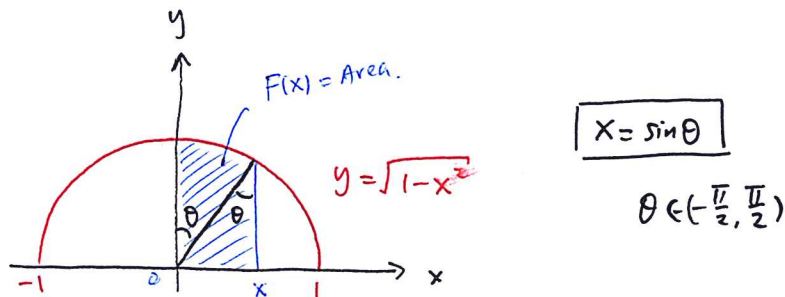
**Question:** What can we take  $\cos \theta \geq 0$  so that  $\sqrt{\cos^2 \theta} = |\cos \theta| = \cos \theta$  in this example?

In fact there is a more geometric way to solve this integral. Remember that the Fundamental Theorem of Calculus I says that

$$F(x) := \int_0^x \sqrt{1-t^2} dt$$

is a primitive function, i.e.  $F'(x) = \sqrt{1-x^2}$ .

Geometrically,  $F(x)$  is a definite integral which computes the blue area below:



The blue region consists of a circular sector and a right angled triangle. Therefore, by elementary plane geometry,

$$\begin{aligned} F(x) &= \text{area of sector} + \text{area of triangle} \\ &= \frac{\theta}{2} + \frac{\sin \theta \cos \theta}{2} \\ &= \frac{1}{2} \sin^{-1} x + \frac{1}{2} x \sqrt{1-x^2}. \end{aligned}$$

This gives the same answer as before.

Similar ideas can help us solve a number of integrals involving  $\sqrt{a^2 - x^2}$ ,  $a^2 + x^2$  or  $\sqrt{x^2 - a^2}$ .

**Theorem 1.1** Let  $a > 0$  be a positive constant. We have the following:

$$(1) \int \frac{1}{\sqrt{a^2 - x^2}} dx = \sin^{-1} \left( \frac{x}{a} \right) + C.$$

$$(2) \int \frac{1}{a^2 + x^2} dx = \frac{1}{a} \tan^{-1} \left( \frac{x}{a} \right) + C.$$

$$(3) \int \frac{1}{x\sqrt{x^2 - a^2}} dx = \frac{1}{a} \sec^{-1} \left( \frac{x}{a} \right) + C.$$

*Proof:* (1) Let  $x = a \sin \theta$ , then  $dx = a \cos \theta d\theta$  and

$$\frac{1}{\sqrt{a^2 - x^2}} = \frac{1}{\sqrt{a^2 \cos^2 \theta}} = \frac{1}{a \cos \theta}.$$

Therefore,

$$\int \frac{1}{\sqrt{a^2 - x^2}} dx = \int \frac{1}{a \cos \theta} \cdot a \cos \theta d\theta = \theta + C = \sin^{-1} \left( \frac{x}{a} \right) + C.$$

(2) Let  $x = a \tan \theta$ , then  $dx = a \sec^2 \theta d\theta$  and

$$\frac{1}{a^2 + x^2} = \frac{1}{a^2 + a^2 \tan^2 \theta} = \frac{1}{a^2 \sec^2 \theta}.$$

Therefore, the integral becomes

$$\int \frac{1}{a^2 + x^2} dx = \int \frac{1}{a^2 \sec^2 \theta} \cdot a \sec^2 \theta d\theta = \frac{1}{a} \theta + C = \frac{1}{a} \tan^{-1} \left( \frac{x}{a} \right) + C.$$

(3) Let  $x = a \sec \theta$ , then  $dx = a \sec \theta \tan \theta d\theta$  and

$$\frac{1}{x\sqrt{x^2 - a^2}} = \frac{1}{a \sec \theta \sqrt{a^2 \sec^2 \theta - a^2}} = \frac{1}{a^2 \sec \theta \tan \theta}.$$

Therefore, the integral becomes

$$\int \frac{1}{x\sqrt{x^2 - a^2}} dx = \int \frac{a \sec \theta \tan \theta d\theta}{a^2 \sec \theta \tan \theta} = \frac{\theta}{a} + C = \frac{1}{a} \sec^{-1} \left( \frac{x}{a} \right) + C.$$

In summary, it is therefore suggestive (but not always) to use the following substitutions if we see expressions below:

$$a^2 - x^2 \quad \Leftrightarrow \quad x = a \sin \theta$$

$$a^2 + x^2 \quad \Leftrightarrow \quad x = a \tan \theta$$

$$x^2 - a^2 \quad \Leftrightarrow \quad x = a \sec \theta$$

Let us look at more examples below.

**Example 1.2** Consider the integral

$$\int \frac{x^3}{\sqrt{4 - x^2}} dx,$$

Let  $x = 2 \sin \theta$ , then  $dx = 2 \cos \theta d\theta$  and

$$\frac{x^3}{\sqrt{4 - x^2}} = \frac{8 \sin^3 \theta}{2 \cos \theta}.$$

The integral becomes

$$\begin{aligned}\int \frac{x^3}{\sqrt{4-x^2}} dx &= \int \frac{8 \sin^3 \theta}{2 \cos \theta} \cdot 2 \cos \theta d\theta \\ &= \int 8 \sin^3 \theta d\theta \\ &= 8 \int \sin^2 \theta (\sin \theta d\theta) \\ &= 8 \int \sin^2 \theta d(-\cos \theta) \\ &= -8 \int (1 - \cos^2 \theta) d(\cos \theta) \\ &= -8 \left( \cos \theta - \frac{\cos^3 \theta}{3} \right) + C \\ &= -8 \cos \theta \left( 1 - \frac{\cos^2 \theta}{3} \right) + C.\end{aligned}$$

To rewrite it in terms of  $x$ , note that

$$\sin \theta = \frac{x}{2} \quad \text{and} \quad \cos \theta = \sqrt{1 - \frac{x^2}{4}}.$$

Therefore,

$$\int \frac{x^3}{\sqrt{4-x^2}} dx = -8 \sqrt{1 - \frac{x^2}{4}} \left( 1 - \frac{1}{3} \left( 1 - \frac{x^2}{4} \right) \right) + C.$$

**Example 1.3** Consider the integral

$$\int \sqrt{\frac{1+x}{1-x}} dx,$$

the integral as it is does not contain any  $a^2 - x^2$ ,  $a^2 + x^2$  nor  $x^2 - a^2$  term, but we can transform it to

$$\sqrt{\frac{1+x}{1-x}} = \sqrt{\frac{(1+x)^2}{1-x^2}} = \frac{1+x}{\sqrt{1-x^2}}.$$

Therefore,

$$\begin{aligned}\int \sqrt{\frac{1+x}{1-x}} dx &= \int \frac{1+x}{\sqrt{1-x^2}} dx \\ &= \int \frac{1}{\sqrt{1-x^2}} dx + \int \frac{x}{\sqrt{1-x^2}} dx \\ &= \int \frac{1}{\sqrt{1-x^2}} dx - \frac{1}{2} \int \frac{d(1-x^2)}{\sqrt{1-x^2}} \\ &= \sin^{-1} x - \sqrt{1-x^2} + C.\end{aligned}$$

**Example 1.4** Consider the integral

$$\int \frac{dx}{\sqrt{4+x^2}},$$

if we let  $x = 2 \tan \theta$ , then  $dx = 2 \sec^2 \theta d\theta$  and

$$\frac{1}{\sqrt{4+x^2}} = \frac{1}{2 \sec \theta}.$$

Therefore, the integral becomes

$$\int \frac{dx}{\sqrt{4+x^2}} = \int \frac{2 \sec^2 \theta d\theta}{2 \sec \theta} = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C.$$

Rewriting back in terms of  $x$ , we use

$$\tan \theta = \frac{x}{2} \quad \text{and} \quad \sec \theta = \sqrt{1 + \frac{x^2}{4}},$$

therefore,

$$\int \frac{dx}{\sqrt{4+x^2}} = \ln \left| \sqrt{1 + \frac{x^2}{4}} + \frac{x}{2} \right| + C.$$

## 2 Reduction Formula

There is a useful technique called *reduction formula* that simplifies an integral in a systematic way. Let us look at the following example.

**Example 2.1** Consider the integral

$$\int \cos^n x dx,$$

when  $n = 0$ ,

$$\int \cos^0 x \, dx = \int 1 \, dx = x + C.$$

When  $n = 1$ ,

$$\int \cos x \, dx = \sin x + C.$$

The question is then, do we have a general formula for the integral

$$I_n := \int \cos^n x \, dx$$

for a general positive integer  $n \geq 1$ ?

The idea is that we would hope to express  $I_n$  in terms of some  $I_k$  where  $k < n$ . Then, we can get  $I_n$  for  $n$  large from our knowledge about  $I_n$  for  $n$  small. This can be usually achieved by integration by parts:

$$\begin{aligned} I_n = \int \cos^n x \, dx &= \int \cos^{n-1} x (\cos x \, dx) \\ &= \int \cos^{n-1} x \, d(\sin x) \\ &= \sin x \cos^{n-1} x - \int \sin x \, d(\cos^{n-1} x) \\ &= \sin x \cos^{n-1} x + (n-1) \int \sin^2 x \cos^{n-2} x \, dx \\ &= \sin x \cos^{n-1} x + (n-1) \int (1 - \cos^2 x) \cos^{n-2} x \, dx \\ &= \sin x \cos^{n-1} x + (n-1) \int \cos^{n-2} x \, dx - (n-1) \int \cos^n x \, dx \\ &= \sin x \cos^{n-1} x + (n-1) I_{n-2} - (n-1) I_n. \end{aligned}$$

Hence, if we move the  $I_n$  term to the left hand side and then divide out the constant, we obtain the following *reduction formula*:

$$I_n = \frac{1}{n} \sin x \cos^{n-1} x + \frac{n-1}{n} I_{n-2}.$$

This formula tells us that  $I_n$  is related to  $I_{n-2}$  in a given way. Therefore, when  $n$  is odd, the reduction goes like

$$I_n \rightarrow I_{n-2} \rightarrow I_{n-4} \rightarrow \cdots \rightarrow I_3 \rightarrow I_1 = \sin x + C;$$

when  $n$  is even, we get

$$I_n \rightarrow I_{n-2} \rightarrow I_{n-4} \rightarrow \cdots \rightarrow I_2 \rightarrow I_0 = x + C.$$

In other words, we can get a general formula for  $I_n$  by working backwards from the above chain. The general formula would be a bit complicated for this example. If we are looking at definite integrals instead, sometimes the formula is simpler. For example, since the extra term  $\frac{1}{n} \sin x \cos^{n-1} x = 0$  when  $x = 0$  or  $\frac{\pi}{2}$ , the reduction formula reads

$$I_n = \int_0^{\frac{\pi}{2}} \cos^n x \, dx = \frac{n-1}{n} \int_0^{\frac{\pi}{2}} \cos^{n-2} x \, dx = \frac{n-1}{n} I_{n-2}.$$

Applying this inductively, we get for  $n$  even,

$$\begin{aligned} I_n &= \frac{n-1}{n} I_{n-2} \\ &= \frac{n-1}{n} \frac{n-3}{n-2} I_{n-4} \\ &= \frac{n-1}{n} \frac{n-3}{n-2} \cdots \frac{3}{4} \frac{1}{2} I_0 \\ &= \frac{(n-1)(n-3)\cdots 3 \cdot 1}{n(n-2)\cdots 4 \cdot 2} \cdot \frac{\pi}{2}. \end{aligned}$$

**Exercise:** Work out the formula for  $n$  odd.

**Example 2.2** *Let us look at a similar integral*

$$\int_0^{\frac{\pi}{2}} \sin^n x \, dx,$$

We can derive a reduction formula as the previous example and hence obtain a general formula for  $n$ . However, there is actually a much quicker method using change of variable. Recall that

$$\sin\left(\frac{\pi}{2} - x\right) = \cos x.$$

Therefore, if we let  $x = \frac{\pi}{2} - u$ , then  $dx = -du$  and when  $x = 0$ ,  $u = \frac{\pi}{2}$ ; when  $x = \frac{\pi}{2}$ ,  $u = 0$ . Therefore,

$$\int_0^{\frac{\pi}{2}} \sin^n x \, dx = \int_{\frac{\pi}{2}}^0 \sin^n\left(\frac{\pi}{2} - u\right) (-du) = \int_0^{\frac{\pi}{2}} \cos^n u \, du,$$

which is the integral we have just studied above. Therefore, we have the same formula since

$$\int_0^{\frac{\pi}{2}} \sin^n x \, dx = \int_0^{\frac{\pi}{2}} \cos^n x \, dx.$$

**Example 2.3** Derive a reduction formula for

$$I_n = \int x^n e^{ax} \, dx, \quad n \geq 0$$

where  $a \in \mathbb{R}$  is a fixed constant.

Using integration by parts, we have

$$\begin{aligned} I_n = \int x^n e^{ax} \, dx &= \frac{1}{a} \int x^n d(e^{ax}) \\ &= \frac{1}{a} x^n e^{ax} - \frac{1}{a} \int e^{ax} d(x^n) \\ &= \frac{1}{a} x^n e^{ax} - \frac{n}{a} \int x^{n-1} e^{ax} \, dx \\ &= \frac{1}{a} x^n e^{ax} - \frac{n}{a} I_{n-1}. \end{aligned}$$

Therefore, the reduction formula is

$$I_n = \frac{1}{a} x^n e^{ax} - \frac{n}{a} I_{n-1}.$$

In this case, the parameter reduce by 1 only, so there is only one chain

$$I_n \rightarrow I_{n-1} \rightarrow \cdots \rightarrow I_3 \rightarrow I_2 \rightarrow I_1 \rightarrow I_0,$$

and we just need to compute  $I_0$  explicitly to get all the  $I_n$ .

**Challenging Exercise:** Derive a reduction formula for

$$I_n = \int \left( \frac{\sin \frac{x-a}{2}}{\sin \frac{x+a}{2}} \right)^n dx, \quad n \geq 1.$$

### 3 Integrals of Piecewise Defined Functions

Sometimes a continuous function is defined piecewise. We discuss how to integrate such functions in this section. Consider the following integral

$$\int |x| \, dx.$$



For  $x > 0$ , we have

$$\int |x| dx = \int x dx = \frac{1}{2}x^2 + C_1$$

and for  $x < 0$ , we have

$$\int |x| dx = \int -x dx = -\frac{1}{2}x^2 + C_2.$$

Note that  $C_1$  and  $C_2$  could be different constants. However, if we require the function

$$F(x) := \begin{cases} \frac{1}{2}x^2 + C_1 & \text{when } x > 0 \\ -\frac{1}{2}x^2 + C_2 & \text{when } x < 0 \end{cases}$$

to be continuous at  $x = 0$ , then we have to define  $F(0) = C_1 = C_2$ . Therefore, we have

$$\int |x| dx = F(x) := \begin{cases} \frac{1}{2}x^2 + C & \text{when } x \geq 0 \\ -\frac{1}{2}x^2 + C & \text{when } x < 0 \end{cases} \quad (3.1)$$

where  $C$  is ONE arbitrary constant.

For definite integrals, we just split up the integrals into subintervals where the function is defined by a single formula. For example,

$$\begin{aligned} \int_{-1}^1 |x| dx &= \int_{-1}^0 |x| dx + \int_0^1 |x| dx \\ &= \int_{-1}^0 -x dx + \int_0^1 x dx \\ &= -\frac{1}{2}x^2 \Big|_{-1}^0 + \frac{1}{2}x^2 \Big|_0^1 \\ &= \left(0 + \frac{1}{2}\right) + \left(\frac{1}{2} - 0\right) = 1. \end{aligned}$$

We can also use (3.1) together with the fundamental theorem of calculus to evaluate the definite integrals:

$$\int_{-1}^1 |x| dx = F(1) - F(-1) = \left(\frac{1}{2} + C\right) - \left(-\frac{1}{2} + C\right) = 1.$$

Note that it is important that the  $C$ 's are the same constant which allows us to do the cancellation above.

Sometimes we do not need to find the primitive function first to evaluate a definite integral. This could be achieved by a change of variable.

**Example 3.1** Evaluate the definite integral

$$\int_0^{\pi/2} \frac{\sin \theta}{\cos \theta + \sin \theta} d\theta.$$

As in Example 2.2, we can use the transformation  $\theta \mapsto \frac{\pi}{2} - \theta$  to get

$$I = \int_0^{\pi/2} \frac{\sin \theta}{\cos \theta + \sin \theta} d\theta = \int_0^{\pi/2} \frac{\cos \theta}{\cos \theta + \sin \theta} d\theta.$$

Therefore,

$$\begin{aligned} 2I &= \int_0^{\pi/2} \frac{\cos \theta}{\cos \theta + \sin \theta} d\theta + \int_0^{\pi/2} \frac{\sin \theta}{\cos \theta + \sin \theta} d\theta \\ &= \int_0^{\pi/2} \frac{\cos \theta + \sin \theta}{\cos \theta + \sin \theta} d\theta \\ &= \int_0^{\pi/2} 1 d\theta = \frac{\pi}{2}. \end{aligned}$$

Therefore,  $I = \pi/4$ .

## 4 Method of Partial Fractions

This section discuss a powerful method to evaluate integrals of rational functions

$$\int \frac{p(x)}{q(x)} dx$$

where  $p(x)$ ,  $q(x)$  are polynomials. For example, consider the integral

$$\int \frac{1}{x(x-1)} dx,$$

we want to break it into two terms:

$$\frac{1}{x(x-1)} = \frac{A}{x} + \frac{B}{x-1},$$

where  $A, B$  are some constants to be determined. Since we know how to integrate the right hand side, the only task remaining is to find  $A$  and  $B$ . Note that

$$\frac{A}{x} + \frac{B}{x-1} = \frac{A(x-1) + Bx}{x(x-1)}.$$

Therefore, we require

$$\frac{1}{x(x-1)} = \frac{(A+B)x - A}{x(x-1)}.$$

Comparing the coefficients in the numerator, we get a system of linear equations

$$\begin{cases} A+B &= 0 \\ -A &= 1 \end{cases}$$

which gives  $A = -1$  and  $B = 1$ . As a result,

$$\int \frac{1}{x(x-1)} dx = \int \left( \frac{-1}{x} + \frac{1}{x-1} \right) dx = -\ln|x| + \ln|x-1| + C.$$

**Example 4.1** *If the denominator contains terms of degree two or higher, we have to include up to those order as well:*

$$\frac{x^2 - 2}{x(x-1)^2} = \frac{A}{x} + \frac{B}{x-1} + \frac{C}{(x-1)^2}.$$

Expanding and compare coefficients, we get  $A = -2$ ,  $B = 3$  and  $C = -1$ . Notice that we can also write

$$\frac{x^2 - 2}{x(x-1)^2} = \frac{A}{x} + \frac{Bx + C}{(x-1)^2},$$

which is actually equivalent to the form before since we can write

$$\frac{Bx + C}{(x-1)^2} = \frac{B(x-1) + (B+C)}{(x-1)^2} = \frac{B}{x-1} + \frac{B+C}{(x-1)^2}.$$

**Example 4.2** *If the denominator is not given in “product form”, we would have to factorize it first:*

$$\frac{x^2 - x + 2}{2x^3 + 3x^2 - 2x} = \frac{x^2 - x + 2}{x(x+2)(2x-1)} = \frac{A}{x} + \frac{B}{x+2} + \frac{C}{2x-1}.$$

We can expand and compare coefficients as before to get  $A = 1$ ,  $B = 2/5$  and  $C = -9/5$ .

**Example 4.3** *If the degree of numerator is larger than the degree of denominator, we first do a long division to reduce the degree.*

$$\frac{2x^3 - 4x^2 - x - 3}{x^2 - 2x - 3} = 2x + \frac{5x - 3}{x^2 - 2x - 3} = 2x + \frac{A}{x-3} + \frac{B}{x+1},$$

where we get  $A = 3$  and  $B = 2$ .

**Example 4.4** Sometimes we may not be able to factorize the denominator completely into linear factors. For example,

$$\frac{1}{x(x^2 + 1)} = \frac{A}{x} + \frac{Bx + C}{x^2 + 1},$$

expanding and compare we get  $A = 1$ ,  $B = -1$  and  $C = 0$ . Therefore,

$$\int \frac{1}{x(x^2 + 1)} = \int \left( \frac{1}{x} - \frac{x}{x^2 + 1} \right) dx = \ln|x| - \frac{1}{2} \ln|x^2 + 1| + C.$$